

Poison Prevention Antidote

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Liquid Nicotine and E-Cigarette Safety

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What is Nicotine?

Nicotine is a drug found in all tobacco products. It can be found in cigarettes, cigars, vapes, gums, lozenges, patches, sprays, inhalers, and liquid for e-cigarettes

Nicotine Poisoning and E-Cigarettes:

Liquid nicotine has the highest risk for poisoning, because it has more nicotine than other forms. You can get poisoned if you inhale too much of the vapor, swallow the liquid or spill it on your skin.

What are Ways to Prevent Nicotine Poisoning?

To avoid nicotine poisoning, make sure to:

- Keep liquid tobacco/nicotine products out of reach and sight of children and always store them in their original containers.
- Use caution when refilling e-cigarettes.
- Wash your hands with soap and water after handling liquid.
- Clean up spills right away.

Nicotine Poisoning Health Effects

- If swallowed: stomach pain, sweating, drooling, shakiness, high blood pressure, and fast heart rate.
- If spilled on the skin: irritation, redness, pain, burns, and bleeding if not treated.

If breathed in: nausea, headaches, shakiness, trouble breathing or shortness of breath, persistent and severe coughing.

What Should You Do if You Get Exposed to Nicotine?

- If it spills on your clothes, remove contaminated clothing, rinse exposed skin with soap and water for 15 minutes.
- If you get it in your eyes: rinse your eyes with warm water for 15 minutes.
- If you swallow it, do not make yourself throw up, it may cause more harm.
- Call Poison Help at 1-800-222-1222.



Upcoming Events

- None in December



Have you heard?

- Products designed to melt ice or snow on sidewalks and roadways may contain sodium chloride (salt), calcium salts, potassium, or magnesium.
- These chemicals could be harmful when swallowed.
- Prevent poisoning by keeping ice melt products up and away from kids.
- If someone gets into an ice melt product call 1-800-222-1222.



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