

Poison Prevention Antidote

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Poison Prevention Safety Tips While Traveling

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Traveling can be fun, but you don't want to spoil that with accidental poisonings. Knowing the prevention safety tips is key.

Medication Storage

No matter the method you use to save space or to follow TSA rules at airports, make sure you always include labels of what the medications are and store them in child-resistant containers when possible. It's best to keep them in their original containers and know how many pills you have before traveling. Also consider where you'll store your medications. Don't store them in the bathroom or glove compartment if traveling by car. Keep them in a cool, dry place, out of direct sunlight.

Food and Drink

Avoid eating foods that have been at room temperature for more than 2 hours or less than 1 hour if the temperature is above 90°F. The danger zone temperature for harmful bacteria growth is 40-140°F. Know where you're getting water. It's best to not drink tap water, but to use bottled water. Follow local guidance when it comes to drinking tap water.



Being in Nature

If you'll be outside, be aware of bites/stings, and plants that could pose risks. Don't eat plants or touch animals in the wild. Make sure you properly handle food if cooking outdoors such as not using the same plate for both raw and cooked foods.

Knowing Where to Call

When traveling internationally, check ahead to see what are the available poison hotlines. When traveling within the U.S., call the Poison Center at 1-800-222-1222. Make sure to save this information in your phone or somewhere accessible before traveling.

Upcoming Events

- 7/26: ACBC Food Shelf event
- 8/6-7: Farm Fest
- 8/17: HCMC Pediatric Fair



Have you heard?

The Consumer Product Safety Commission (CPSC) enforced the Poison Prevention Packaging Act of 1970 (15 U.S.C. §§ 1471-1476).

The Act requires child-resistant packaging for various drugs and household products.

Child-resistant packaging is designed to be significantly more difficult for children under the age of five to open.

Child-resistant packaging does not mean the packaging is child proof.

Some children can open child-resistant containers.

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1-800-222-1222 FOR EMERGENCIES OR QUESTIONS