

Minnesota Regional Poison Center

www.mnpoison.org

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For Immediate Release

Contact: Mandy Slag mandy.slag@hcmcd.org or 612-873-5644

National Poison Prevention Week 2026 When Your Unexpected Happens, We're Here for You

In recognition of **National Poison Prevention Week (March 15-21, 2026)**, the Minnesota Regional Poison Center reminds Minnesotans that poisoning can happen to anybody, at any age, anytime and anywhere. When your “unexpected” happens, **call 1-800-222-1222**. Our poison experts are available 24 hours a day, 7 days a week to provide **free and confidential** assistance for you and your loved ones.

“We’re proud to be on that other end of the phone, always available to serve Minnesota, North Dakota, and South Dakota for poisoning questions or emergencies,” says Dr. Jon Cole, Medical Director of Minnesota Regional Poison Center. “Whether it’s about an exposure to medications, plants, mushrooms, household products, chemicals, pesticides, or any other poison questions, we’re always here to for you – both confidentially and free of charge.”

Throughout the month of March, watch for important public health messages from the Poison Center on our social media platforms ([@mnpoisoncenter](https://twitter.com/mnpoisoncenter)) covering a wide variety of topics.

Did You Know:

- 92% of poison-related calls are safely managed at home with the guidance of poison experts, preventing unnecessary hospital visits.
- Medical professionals rely on the Poison Center for the most up-to-date toxicology expertise and treatment recommendations.
- Whether your child eats an edible, your elderly relative takes the wrong medication, or you breathe in harmful fumes, the Poison Center is just a phone call away to provide guidance for you and your family.

Save Our Number and Be Prepared

Store **1-800-222-1222** to your phone today – because poison emergencies can happen to anyone, anywhere, at any time. Visit www.mnpoison.org for more prevention tips, educational resources, and downloadable materials.

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The Minnesota Regional Poison Center is designated by the Minnesota Department of Health to provide poison information and consultative services to the entire State of Minnesota. For more information, visit www.mnpoison.org.