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Poison prevention antidote

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• 2/28 Black Youth with Stethoscopes at Hennepin Healthcare



Cleaning Safety: Keep Your Home Safe!

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A clean home is great, but it's important to use cleaning products safely. Follow these simple tips to prevent accidents.



DID YOU KNOW?

Carbon monoxide is called the silent killer.

- Install carbon monoxide (CO) alarms in every level of your home.
- Test alarms monthly and replace batteries when you change your clock twice a year.
- Replace the entire unit per the manufacturer's recommendations.
- When your CO alarm goes off trust it and leave your home with your kids and pets.

How Cleaning Products Can Be Dangerous

- Breathing problems: Coughing, wheezing, trouble breathing
- Eye irritation: Red, burning, or painful eyes
- Skin problems: Burns, rashes, irritation
- Headaches & dizziness: Breathing in strong fumes
- Serious dangers: Poisoning if swallowed, harmful reactions if mixed

How to Stay Safe

- Read labels - Follow directions and warnings.
- Store properly - Keep cleaners in their original containers and away from kids and pets.
- Never mix chemicals - Mixing bleach, vinegar, or ammonia can create toxic gases.
- Wear protection - Use gloves, masks, or goggles if needed.
- Keep air flowing - Open windows or use a fan while cleaning.
- Dispose safely - Follow local rules for throwing away cleaning products.

What to Do in an Emergency

SOS If cleaner gets in the eyes:

- Rinse with water for 20 minutes
- Get medical help right away

SOS If swallowed:

- Call Poison Help 1-800-222-1222 or 911 if someone is having trouble breathing or unconscious
- Do not make the person vomit
- Bring the cleaner's bottle to phone or to the hospital

SOS If inhaled:

- Get to fresh air immediately
- Get medical help if breathing is difficult

SOS If cleaner gets on the skin:

- Wash with lots of water
- Cover with a clean bandage
- Get medical help for bad burns

Who to Call for Help

- ☎ Poison Help: 1-800-222-1222 (24/7 help)
- ☎ Emergency: 911
- ☎ Local waste disposal: Check city rules for safe disposal

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